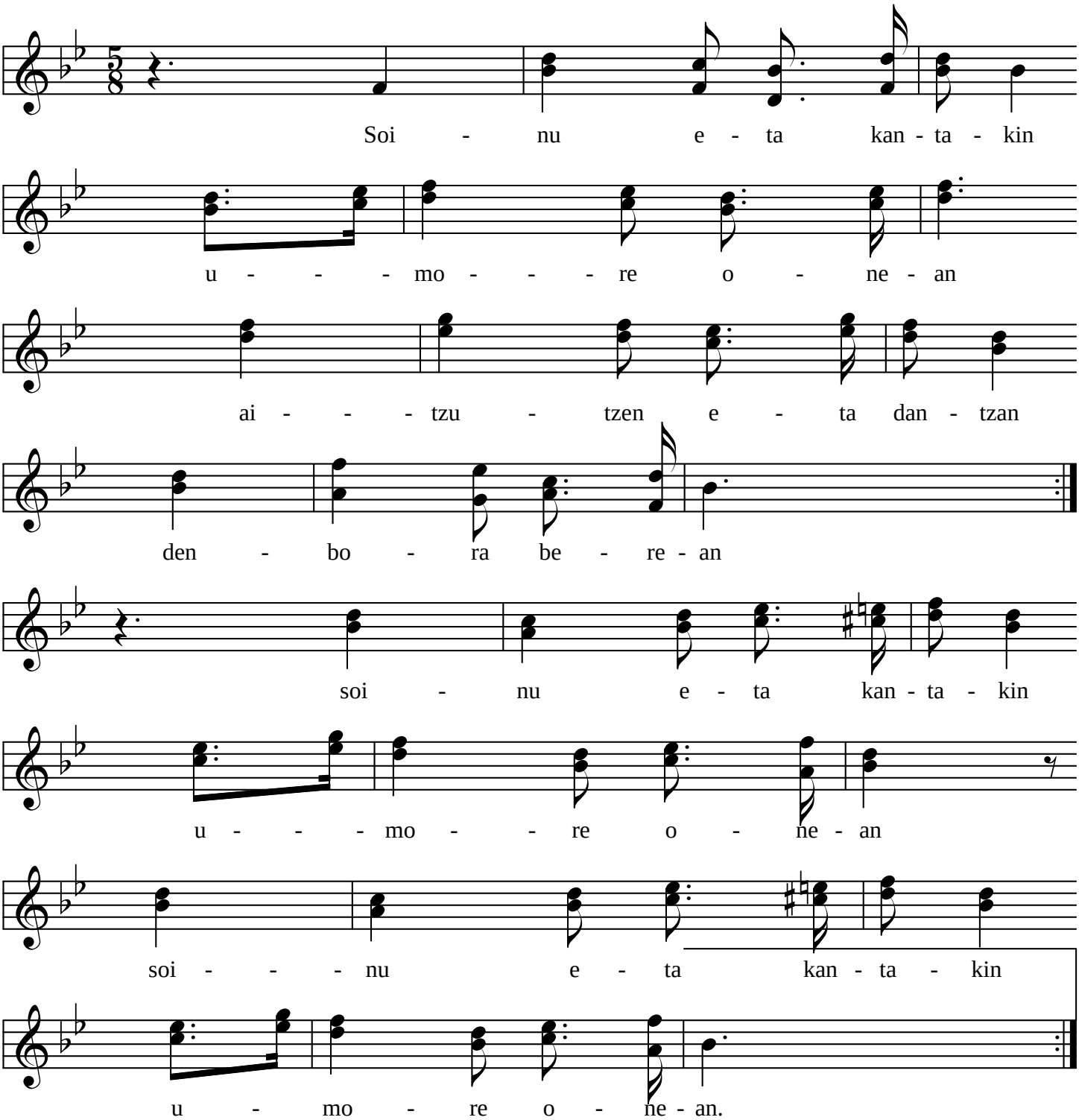SOINU ETA KANTAKIN